

Study on anti-hypertensive effect of Yokepyo among rural population

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Abstract

One drug contains 450 milligrams. Patients administrated four tablets before go to bed. Before study, informed consents were taken. Ages of participants was ranged from 40 to 60 years. Mean age of participant was 49 years. Blood pressure was measured with mercury sphygmomanometer in sitting and standing position after 5 minutes rest. During the study period, patients were advised not to smoke and not to drink alcohol. Total ten patients were participated for 14 days. Before study, initial blood pressure was 150/96 mm (Hg) and 133/86 mm (Hg) after the study. This research finds out antihypertensive effect of Yokepyo in the market and its side effect. But study subjects are small and study period are short. Therefore, we conduct this research for longer duration and large population.